

SESSION: 2022-2023

Class V

Summer, Summer is almost here.

Time for fun & Swimming gear,

Trips to the beach,

Are always such fun,

Along with baseball

And games where we run.

Summer, Summer is almost here.

#### Dear Parents,

**Greetings!** 

Summer Vacation is the best time of the year for all; its the time for loads of fun and frolic. But all play and no work makes Jane/Jack a dull girl/boy.

To make learning a fun for the students, this summer vacation we have planned few activities and assignments to encourage students to explore, engage and enjoy while they learn a lot! Kindly help and guide your ward in completing his/her work and also exploring his/her creative self.

Wishing a safe and joyous vacation!

#### Some tips to make this holiday special:

- Have a family dinner every day..
- Play indoor games and show them who is the smartest.
- Make a set routine for him/her to do holiday homework as regular practice improves his/her learning and writing skills .
- Devote sufficient time for developing reading & writing skills and for solving mathematical problems.
- Read, revise and practice the course covered in all subjects so far and encourage
  your child to cultivate the reading habit because it not only enhance the
  knowledge acquired but also develops the vocabulary, language skills and improves
  spellings. Encourage your child to read G.K book and current affairs to update
  himself/herself.
- Spend quality time with your child engaging him / her in activities based on enhancing his / her powers of observation and imagination.
- Above mentioned guidelines will help your child to become a smart and active learner.

Subject	Topic	Mode of Conduct
English	Prepare a Dictionary having minimum five words of each alphabet (new words) with meaning to enhance the vocabulary. Cover it with beautiful cover and put a book mark in it with a moral value written on bookmark. Write a paragraph on your favourite personality.(any two) Revise all the syllabus for Periodic-I Write one page of writing daily.(10 pages) Note: maintain seperate notebook for vocation work.	Pen & Paper
Hindi/Urdu	पाठ-1 एक बूँद पाठ-2 शेर और लड़का पाठ-3 ओणम पाठ-4 दीये का अभिमान पाठ-5 वीर मालवजी व्याकरण- भाषा तथा व्याकरण , संज्ञा भेदों सहित, लिंग,10 पेज सुलेख करें।	Pen & Paper

Maths	1.learn and write tables from 2 to 20.  2.Make basic geometric shapes like triangle ,circle, square,rectangle and cylinder (with coloured paper). and give four real life example of each.  3.write the ages of your family members in Roman numeral by using tooth picks.  4.Note the mobile number of any one member of your family Form 4-digit ,5-digit and 6-digit numbers  By repeating the digits  By not repeating the digit	Chart, pencil & Colours
EVS	Revise chapter 1 to 5  Make a poster / collage on the topic water conservation	Pen and paper
Computer	1.Complete your computer notebook. 2.Revise chap. 1 & 2 thoroughly. 3. Make a poster on the topic Independence day by using MS Paint and take a print out of it. 4. Do project work given on pg 37 and decorate it as you wish and take a print out	Pen and paper

G.K	Choose anyone of the women achievers from your G.K chapter the first Indian women , paste their picture in a scrapebook/ chart and write a few lines about their accomplishment.
V- Education	Read L-1 Young Impala and the Hippopotamus thoroughly.

## Some Do's during Summer Vacation

- Eat a nutritious diet with a plenty of water. Have citrus fruits (Orange, lemon, grapes) and vegetables which are rich in vitamin C, Vitamin D containing food and Zinc- containing food (Lentils, Beans, nuts etc.)
- Birds need you this summer. Summer is at its peak, make a small bird feeder and place bird baths for thirsty birds on terraces, compound walls and balconies.
- Do your bit to save them and aware others about this message!!!

. Adopt a healthy lifestyle



(chips, cold drinks, noodles)



REGULAR EXERCISE AVOID JUNK FOOD



HEALTHY



FOOD FOOD



PRACTICE MEDITATION DAILY



MEDICAL



SLEEP EARLY AND WAKE UP EARLY

## TIPS TO BEAT THE HEAT DURING SUMMER

#### TRY TO KEEP YOURSELF HYDRATED



## INCLUDE CITRUS FRUITS AND SEASONAL VEGGIES IN YOUR DIET





### **PRINK LEMONAPE AS MUCH AS POSSIBLE**



- Practice Yoga Every day
- International Yoga Day Celebration: 21 June



(Practice yoga under the supervision of your parents)

# Father's Day Celebration :19th June

Father's Day is a celebration of fathers, honouring fatherhood, paternal bonds and the role fathers play in society.

This day celebrates fatherhood and male parenting. Although it is celebrated on a variety of dates worldwide, many countries observe this day on the third Sunday in June.

Activity on father's day

Children are requested to make attractive and beautiful cards for their father.



F- Faithful and true
A-Always there to guide you
T-Teaches you right things and to do no wrong
H-His counsels are my songs
E-Ever firm in imparting his ideals and principles
R-Ready to catch me each time I fall

My father was, is and always will be,

An impeccable stature of heroism and cavalry;

He never fails to show his love for me,

His arms are my shelter and felicity.

Happy Fathers' day!

Won't take a miss to greet you today.

For the rest of my days I'll honor you Dad,
I promise to keep you proud and glad.

Happy Father's Day



Principal DPS, Katra