

SESSION: 2022-2023

Class VII

Summer, Summer is almost here.

Time for fun & Swimming gear,

Trips to the beach,

Are always such fun,

Along with baseball

And games where we run.

Summer, Summer is almost here.

Dear Parents,

Greetings!

Summer Vacation is the best time of the year for all; its the time for loads of fun and frolic. But all play and no work makes Jane/Jack a dull girl/boy.

To make learning a fun for the students, this summer vacation we have planned few activities and assignments to encourage students to explore, engage and enjoy while they learn a lot! Kindly help and guide your ward in completing his/her work and also exploring his/her creative self.

Wishing a safe and joyous vacation!

Some tips to make this holiday special:

- Have a family dinner every day..
- Play indoor games and show them who is the smartest.
- Make a set routine for him/her to do holiday homework as regular practice improves his/her learning and writing skills .
- Devote sufficient time for developing reading & writing skills and for solving mathematical problems.
- Read, revise and practice the course covered in all subjects so far and encourage
 your child to cultivate the reading habit because it not only enhance the
 knowledge acquired but also develops the vocabulary, language skills and improves
 spellings. Encourage your child to read G.K book and current affairs to update
 himself/herself.
- Spend quality time with your child engaging him / her in activities based on enhancing his / her powers of observation and imagination.
- Above mentioned guidelines will help your child to become a smart and active learner.

Some Do's during Summer Vacation

- Eat a nutritious diet with a plenty of water. Have citrus fruits (Orange, lemon, grapes) and vegetables which are rich in vitamin C, Vitamin D containing food and Zinc- containing food (Lentils, Beans, nuts etc.)
- Birds need you this summer. Summer is at its peak, make a small bird feeder and place bird baths for thirsty birds on terraces, compound walls and balconies.
- Do your bit to save them and aware others about this message!!

Subject	Topic	Mode of Conduct
English	Make a picture story booklet containing pictures of the characters and their dialogues. (The story should have a moral lesson.)	Pen & Paper
	Do These Workbook pages:- 13 to 18 (till part C) 22 to 27(till part B) and 35	Pen & Paper
	Read chapters 1-6 of the novel The Adventures of Huckleberry Finn.	Pen & paper
Hindi/Urdu	1. पाठ 5. मिठाई वाला (पठन के लिए) 2. अनुच्छेद लेखन।) मेरे विद्यालय की प्रार्थना सभा॥) मेरा प्रिय विषय	Pen & Paper
	❖ 3. बाल महाभारत कथा:- सभा पर्व (पठन के लिए)4. मुहावरे 1-11	Pen & Paper

💠 5. अनेकर्थक 1-10	
6. 'फादर्स डे' पर 8- 10 पंक्तियों लिखो।	
	Pen & Paper
* کوئی رس مشہور کھیلوں کے نام لکھیے۔	
* انڈیا کے نقشہ کا ماڈل بنایے 	
ی کشتی اور مچھلی بنایے .	Pen & Paper
* جنگلات کی اہمیت پر پانچ جملے لکھیے.	

Maths	 ❖1. Define fraction.Form different types of fraction by using chart, colour paper, matchsticks etc (ART Integrated Activity) ❖2. Introduction of basic of Geometry. Form different types of angles, pair of angles and lines with real life examples by using straws,matchsticks, chart, colour paper etc (ART Integrated Activity) 	Chart, pencil & Colours
Science	 ❖ In your own words suggest methods to reduce pollution caused by heat. Also list non conventional sources of heat production. ❖ Make a list of twenty types of food items that contain acid / bases. Also, mention specifically the name of acid / bases present in various food items. ❖ Prepare a working model on solar eclipse and explain how it occurs. ❖ Write about 20 physical and chemical changes that you observe in your surroundings. 	Pen and paper Ppt/Video

Social Science	♦ We have read about Rosa Parks from Indian History. Write about a great personality who contributed towards bringing equality. Do the following: Paste the picture	Scrap book,Pen & Paper
Computer	Q2, Q3 IN HISTORY N.B) an individual person * Do computer work sheets based on Number System and paste them in your notebook.	

Prepare a model on the following	
topics according to your roll	
numbers :	
Roll no. Topic	
1-10 Cyber Crime against an individual person	
11-20 Cyber Crime against property	
21-30 Cyber Crime against	
Organisation/society	
31 onwards Cyber Security	

Revise all the work done till date in the class

Adopt a healthy lifestyle



TIPS TO BEAT THE HEAT DURING SUMMER

TRY TO KEEP YOURSELF HYDRATED



INCLUDE CITRUS FRUITS AND SEASONAL VEGGIES IN YOUR DIET





PRINK LEMONAPE AS MUCH AS POSSIBLE



- Practice Yoga Every day
- International Yoga Day Celebration: 21 June



(Practice yoga under the supervision of your parents)

Father's Day Celebration :19th June

Father's Day is a celebration of fathers, honouring fatherhood, paternal bonds and the role fathers play in society.

This day celebrates fatherhood and male parenting. Although it is celebrated on a variety of dates worldwide, many countries observe this day on the third Sunday in June.

Activity on father's day

Children are requested to make
attractive and beautiful cards for
their father.



F- Faithful and true
A-Always there to guide you
T-Teaches you right things and to do no wrong
H-His counsels are my songs
E-Ever firm in imparting his ideals and principles
R-Ready to catch me each time I fall

My father was, is and always will be,

An impeccable stature of heroism and cavalry;

He never fails to show his love for me,

His arms are my shelter and felicity.

Happy Fathers' day!

Won't take a miss to greet you today.

For the rest of my days I'll honor you Dad,
I promise to keep you proud and glad.

Happy Father's Day



Principal DPS, Katra